

Each day a class visits 1 specialist. Students only need to complete *one* specialist lesson per AMI day.

Music

The 3rd through 5th grade students can practice their recorders for 15 minutes daily for AMI days.

The K-2 students can go into www.itslearning.com to access their assignment. If they don't have access to a computer at home, then they can do the activity sheets available in the packet that is going home for their grade level.

Library

All Grades: Students can access library lessons online by logging into www.itslearning.com or if students have no access to Internet from home they may read a book, write a story, or tell someone a story.

Art

All Grades: Students can access art lessons online by logging into www.itslearning.com or using the attached paper version.

Computer

All Grades: Students should complete Lexia units, enjoy books on MyON, and work on Moby Max.

PE

All Grades: Students can follow the "Anywhere" workout attached. The work out can be done alone or with a partner. Make sure to follow the schedule and drink plenty of water.

AMI Plan for PE

The “Anywhere” workout is what we use whenever we are not in school for whatever reason. The work out can be done alone or with a partner. Make sure to follow the schedule and drink plenty of water. For an extra challenge you may repeat the workout an additional time. Thanks for staying active...

-Dodd PE

The “Anywhere” Workout

Quick little workouts that can stand alone or complement a cardio workout!

{Monday}

30-second plank (right)
30-second plank (left)
30-second plank (center)
10 lunges each side (2 sets)
10 burpees

{Tuesday}

10 push-ups
30 crunches (2 sets)
10 burpees
30-second plank
10 lunges each side

{Wednesday}

10 lunges each side (2 sets)
60-second plank
30 crunches
10 push-ups (2 sets)
30 bicycles

{Thursday}

10 push-ups
30 bicycles
10 burpees
60-second plank
10 lunges
(repeat the series)

{Friday}

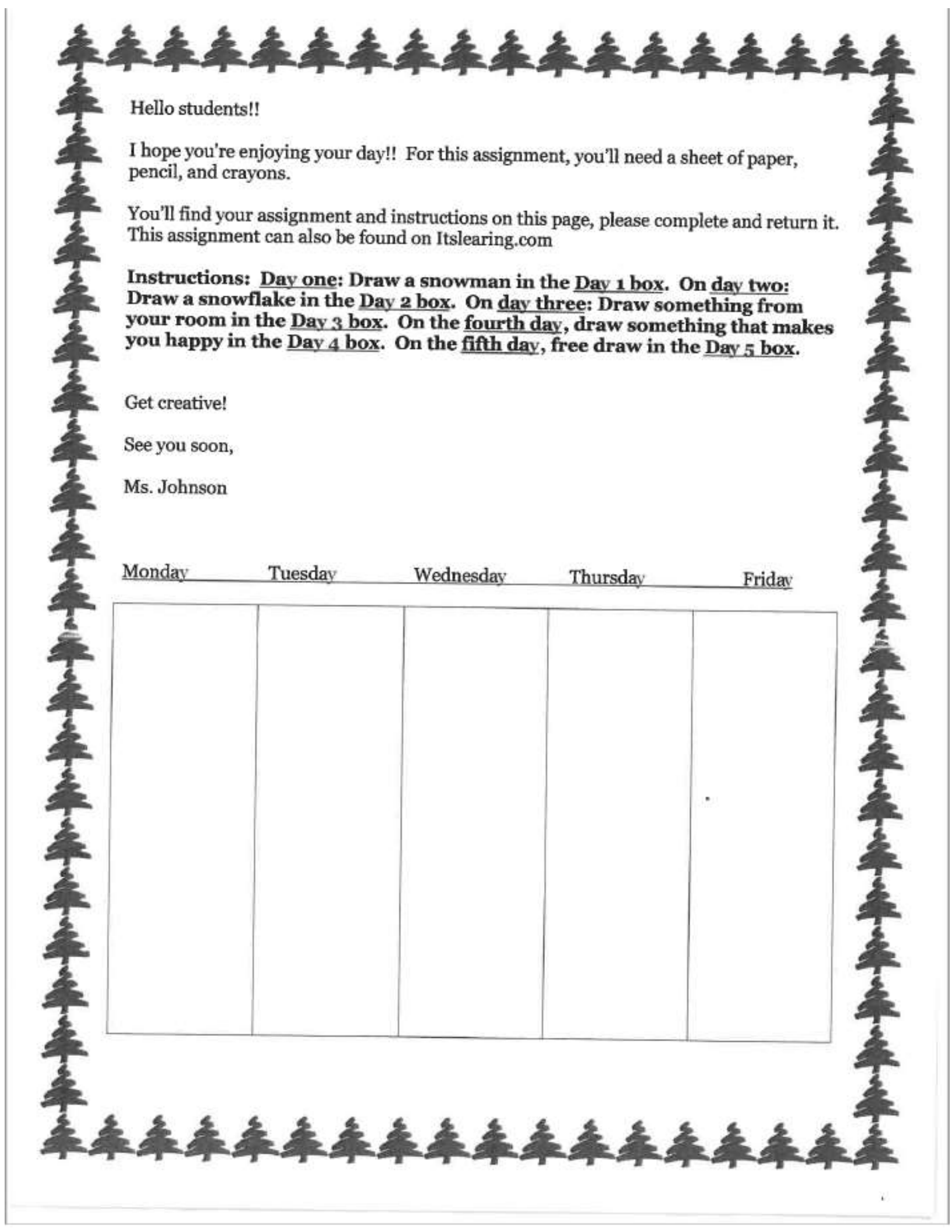
20 burpees
10 push-ups
10 lunges each side
30 bicycles
60-second plank

{Saturday}

5 lunges each side
10 push-ups
10 burpees
(repeat the series 3x)

{Sunday}

Rest up for next week!



Hello students!!

I hope you're enjoying your day!! For this assignment, you'll need a sheet of paper, pencil, and crayons.

You'll find your assignment and instructions on this page, please complete and return it. This assignment can also be found on Itslearning.com

Instructions: Day one: Draw a snowman in the Day 1 box. On day two: Draw a snowflake in the Day 2 box. On day three: Draw something from your room in the Day 3 box. On the fourth day, draw something that makes you happy in the Day 4 box. On the fifth day, free draw in the Day 5 box.

Get creative!

See you soon,

Ms. Johnson

Monday

Tuesday

Wednesday

Thursday

Friday

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