

June 9, 2015

Principal Message:

Dear Parents and Students,

Forest Park Elementary is about to complete another phenomenal school year. We have all stayed focused and committed to teaching and learning. Thank you parents for the awesome support you have willingly given to our students and school community. I am so grateful for each one of you, including all the grandparents too. Together we always achieve more.

As you enjoy your summer, I wanted to provide you with an excellent article from Psychology Today: "How Technical Devices Influence Childrens Brains". (<https://www.psychologytoday.com/blog/the-creativity-cure/201505/how-technical-devices-influence-childrens-brains>) Please set the goals/boundaries on screen time and encourage the following: read books, check out the public library, students have a Myon account with access to over 700 books; write letters to family and friends; and use the Reflex Math or better yet, make up math word problems together to solve.

One of my favorite childhood actresses is Carol Burnett who was famous for saying, "I'm so glad we had this time together, just to have a laugh or sing a song. Seems we just get started and before you know it, comes a time we have to say so long." So, so long for now, however I will see you August 3<sup>rd</sup> or 4<sup>th</sup> for check in at Forest Park, 10:00 A.M. -6:00 P.M. Oh, 5<sup>th</sup> Graders, remember to come back for a visit, so we can see how much you have grown. Good luck, I will miss you!

Respectfully,

Theresa Courtney-Ketcher, Principal